



Lancashire Children
and Young People's
Emotional Wellbeing
and Mental Health
Transformation Plan

Lancashire Children & Young People's Emotional Wellbeing and Mental Health Transformation Programme

Health and Wellbeing Board 25 01 18

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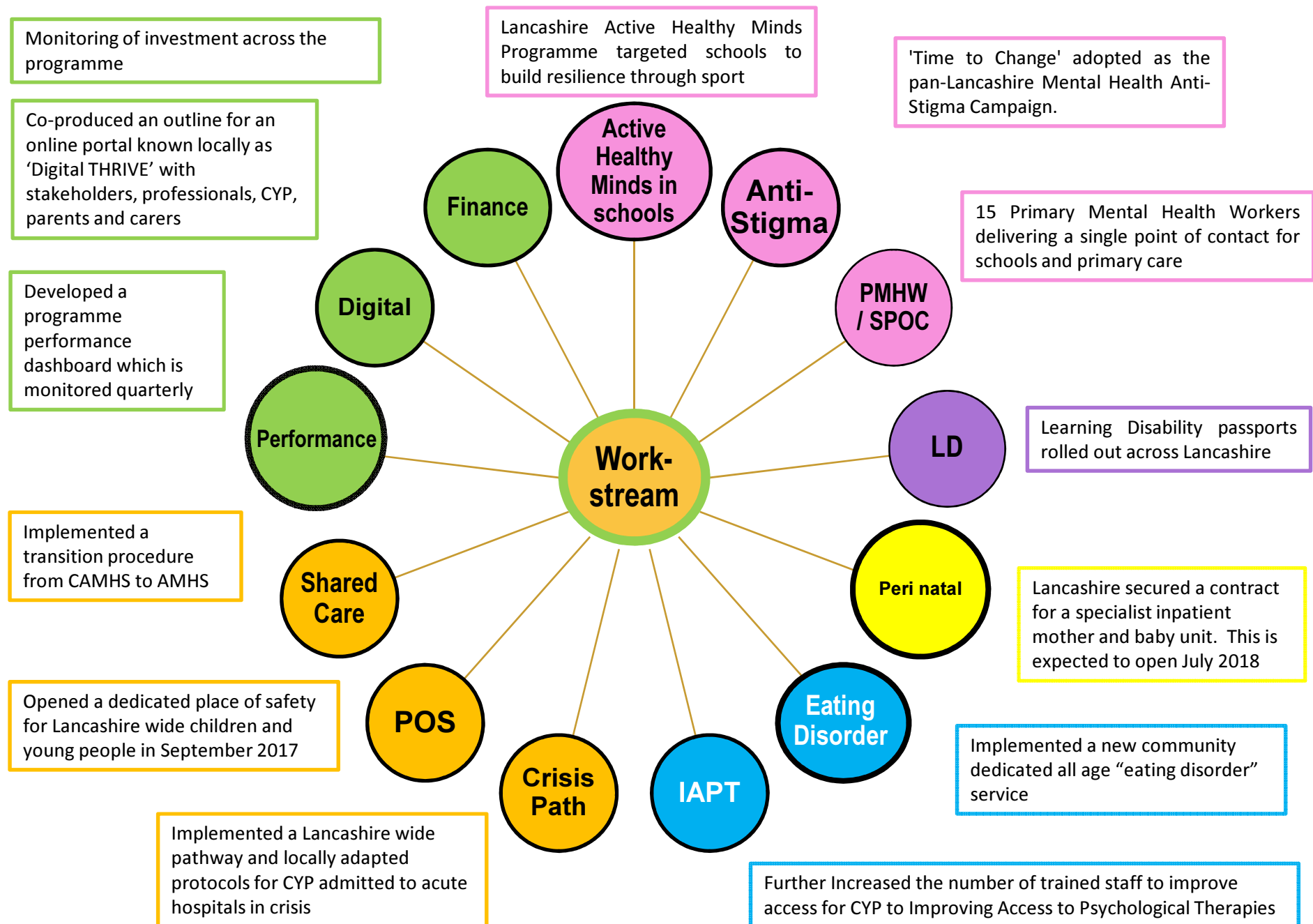
1. Transformation Plan Update - achievements
2. CAMHS Redesign
3. Addressing Variation
4. Improving Access
5. Place Based and Collective Commissioning



The CYPEWMH Transformation Plan – reminder

- Developed in 2015 in response to local concerns and in line with NHSE guidance
- Co-produced as a pan-Lancashire plan
- Based on engagement with a wide range of stakeholders including children, young people and families
- Signed off by the CCGs and Health and Wellbeing Boards
- Assured by NHSE on December 24th 2015. Published January 2016
- A 5 year plan for fundamental change; 200+ deliverables over 5 work streams





Challenges 18/19 and onwards

- National Access Target for CAMHS from 17/18
- LCC £1.1 million disinvestment in children's mental health services in Lancashire. Backfilled by transformation funding
- Variation in service provision and funding
- Transformation Plan aspiration to implement THRIVE
- Implications of green paper. 4 week wait for specialist CAMHS, designated lead for MH in all schools, NHS MH support teams into schools/colleges for early intervention and ongoing help



More about Variation

CCG's received an assessment of the significant variations in

- Investment
- Waiting list numbers
- Waiting times
- Access
- CYP experiences
- Audits and feedback from stakeholders



Key Priority Area

- We have reviewed our Transformation Plan in light of these challenges and national requirements and agreed that a fundamental objective must be to improve access to CAMHS and reduce variation in service offer and investment
- It has been agreed by the CCG's that this will be achieved through a **Service Redesign Project** in line with the nationally recognised model THRIVE



Aim: To redesign and commission NHS funded children and young people's emotional wellbeing and mental health (CYPEWMH) services across Lancashire and South Cumbria in line with THRIVE



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Services in Scope

- CAMHS Services
- Children's Psychological Services
- Adult Mental Health Services which are currently provided to 16-18 year olds
- CAMHS 7-day crisis response services
- CAMHS out of hours on call psychiatry provision
- Spot commissioned MH services

Any other services which could or should count towards the access target going forward e.g. VCFS, education, community services.



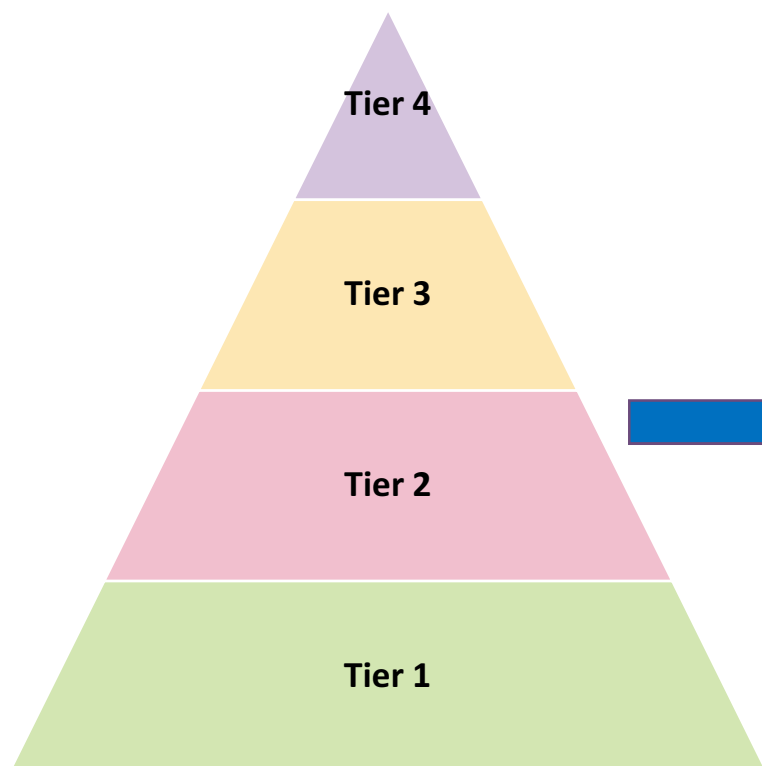
Services out of Scope

- Peri-natal MH services
- SCAYT plus (LCC funded service and Cumbria equivalent)
- LA funded Psychologists for Looked after Children
- Autistic Spectrum Condition diagnosis services
- Other services contributing to ASC pathway e.g. paediatricians
- Generic Learning Disability Services
- Children's Centres
- Tier 4 Services and Criminal Justice/Forensic Services



The Case for Change: Adopting THRIVE

Current Approach



“...a radical shift in the way that services are conceptualised and potentially delivered”.



“rather than an escalator model this is a conceptual framework that groups children and young people, goal focused, evidence informed.”





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The Ask to Providers

Providers are asked to collaborate
with each other to clinically lead the
co-production of a core service model
for NHS funded CYPEWMH Services
(CAMHS)

across Lancashire and South Cumbria



CCG's have agreed a 'collective' service redesign project. The outcomes will be:

- Compliance with THRIVE model
- Consistent level of core service across Lancashire and South Cumbria
- Achievement of national access target
- More appropriate referrals to CAMHS
- Lower attrition rates
- Better outcomes for CYP and families
- Better use of existing and new investment
- Economies of scale
- Transparency



Place Based Commissioning

Place based commissioning means commissioning the right care, in the right place, at the right time.

‘NHS organisations need to establish place-based ‘systems of care’ in which they collaborate with other NHS organisations and services to address the challenges and improve the health of the populations they serve.’ (Kings Fund)

We are adopting a place based model of commissioning and delivery across Lancashire and South Cumbria, in line with policy expectations and what we believe to be in the best interest of our population. The CAMHS redesign project will delivered using the principles of place based commissioning



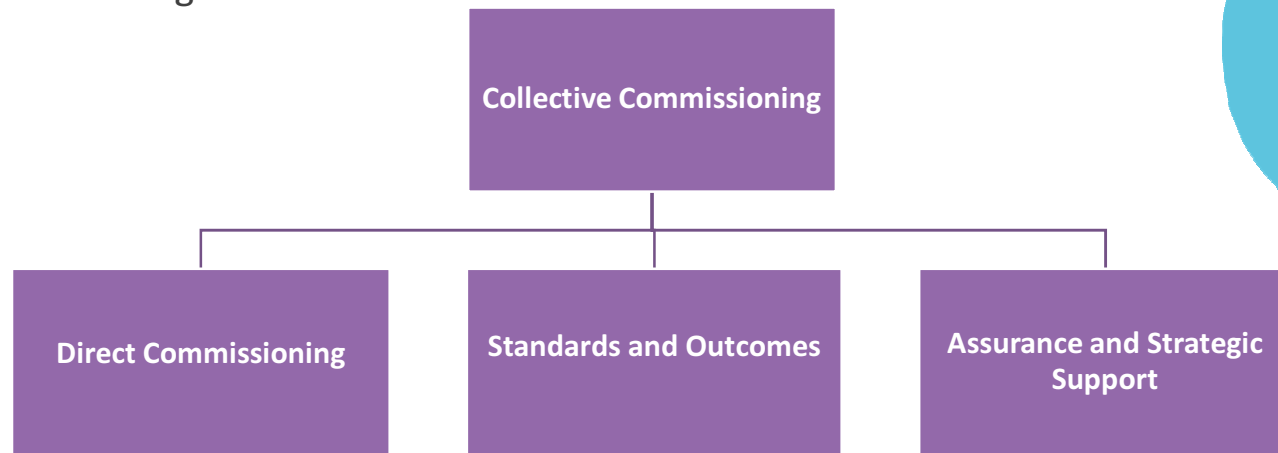
Roles and Activities Linked to Place

Our new commissioning model “wraps” commissioning around populations to ensure that “place” is our focus, not organisation.

We are therefore introducing 3 new “places” for commissioning:

- **Collective – Lancashire and South Cumbria**
- **LDP – e.g. Fylde Coast**
- **Neighbourhood – e.g. Fleetwood or Pendle**

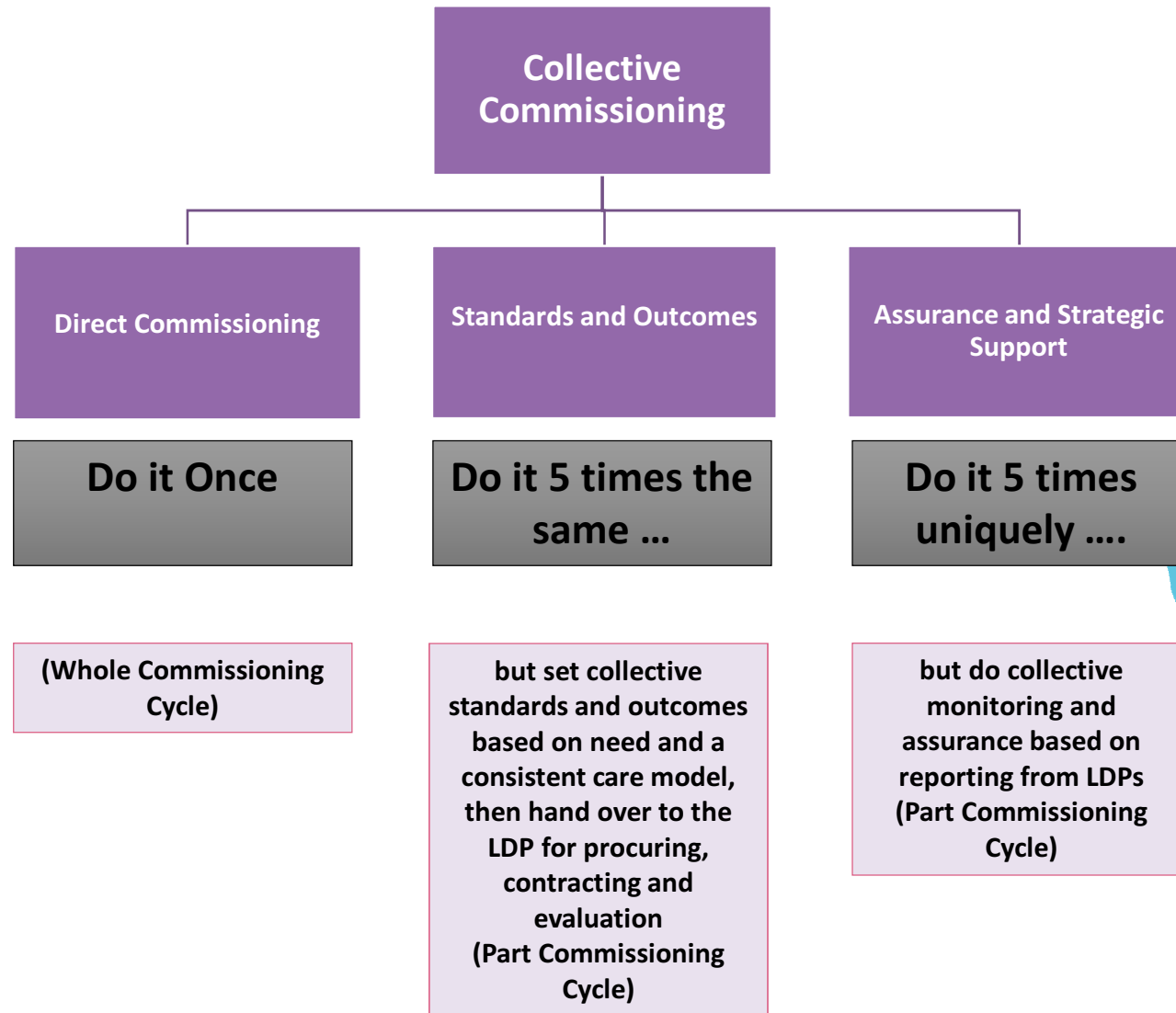
Collective commissioning has 3 sub functions:



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Roles and Activities Linked to Place



Providers

- East Lancashire Child and Adolescent Services
- Lancashire Care NHS Foundation Trust
- Blackpool Teaching Hospitals NHS Foundation Trust
- Cumbria Partnership
- Have committed to working together to develop model
- Agree Mandate for redesign
- Comprehensive project plan in place
- Engaged VCFS provider who are in scope of redesign



Next Steps

- Development of provider Memorandum of Understanding
- Development of a co-production and engagement plan
- Outline proposal expected by Summer 2018
- Implementation 2019/2020



Summary

- The Transformation Programme has made significant progress on improvements, after just 2 years of operation in a 5 year journey
- New challenges are ahead this year
- We have proposed a means of meeting those challenges, and we believe the redesign is the right approach
- We welcome feedback and are committed to work together on assurances around the whole system
- We must move forward and continue to make improvements
- We welcome the on-going input from the HWBB



Conclusions

The HWBB are asked to note this overview and support our on-going work.



Thank You

